



Potty Training Policy

There are many different ways to potty train a child. Whichever method you choose, we hope that the method centers around the needs and comfort of the child without creating anxiety. A good time to start thinking about potty training is when your child becomes “curious” about the toilet. Start with a conversation and see where it leads. Each child develops and matures at their own rate, and not according to parent imposed timelines. Don’t worry if your child is already older than other potty-trained children. The end goal is to raise a child who feels good about themselves and their place in the world.

What does potty training look like at The Sprout House?

When your child is potty training, we are happy to continue the conversation and talk with the child about using the toilet. When the child is agreeable, we begin taking the child to sit on the toilet before morning and afternoon snack, and after Lunch. We are also happy to bring the child to the toilet whenever we see signs that they have to go.

Once the child begins to verbalize their need to use the toilet, we can begin thinking about wearing normal underwear in the preschool. In general, we require a child’s diaper/pull-up to remain dry for two weeks before switching to normal underwear during activity times. At nap time, diapers/pull-ups are required for 4 weeks. Of course, even after the initial training period, accidents will still happen, and that is OK, as long as the accidents are infrequent, occurring less than once per week.

We potty trained over the weekend with great success. Can we send our child in normal underwear?

Unfortunately no. There are big differences between the at-home environment, and the preschool environment. There are also big differences between the parent-child relationship and the teacher-child relationship. From our experience, not all children who run to the toilet or verbalize with Mom & Dad at home, are willing to do the same in the preschool. For that reason, we will continue to require diapers/pull-ups until the child verbalizes their needs in the preschool and remains dry for a minimum of two weeks.

For other questions or concerns, please don’t hesitate to ask.

Received by: _____
Parent/Guardian Initials